

If this is an emergency, please call 911.

Domestic Violence and Intimate Partner Violence

The National Domestic Violence Hotline (The Hotline) is available for anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

→ National Domestic Violence Hotline

Hotline: 1 (800) 799 – 7233

Available 24 hours a day, 7 days a week via phone and online chat.

The National Domestic Violence Hotline (The Hotline) is available for anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

→ Love is Respect – National Teen Dating Abuse Hotline

Hotline: 1 (866) 331 – 9474

Text: 22522

Available 24 hours a day, 7 days a week via phone, text, and online chat.

Love is Respect offers information, support, and advocacy to young people who have questions or concerns about their dating relationships.

→ StrongHearts Native Helpline

Hotline: 1 (844) 762 – 8483

Available Monday through Friday, 9:00am to 5:30pm CST via phone.

The StrongHearts Native Helpline is a safe, anonymous, and confidential service for Native Americans experiencing domestic violence and dating violence.

→ Pathways to Safety International

Hotline: 1 (833) 723 – 3833

Email: crisis@pathwaystosafety.org

Available 24 hours a day, 7 days a week via phone, email, and online chat.

Pathways to Safety International assists Americans experiencing interpersonal and gender based violence abroad.

→ Gay, Lesbian, Bisexual and Transgender National Hotline

Hotline: 1 (888) 843 – 4564

Youth Talkline: 1 (800) 246 – 7743

Senior Helpline: 1 (888) 234 – 7243

Email: help@LGBThotline.org

Hours vary, available via phone and online chat.

The LGBT National Help Center serves gay, lesbian, bisexual, transgender, and questioning people by providing free and confidential peer support and local resources.

→ Womens Law

Email hotline: <https://hotline.womenslaw.org/>

The WomensLaw online helpline provides basic legal information, referrals, and emotional support for victims of abuse.

Sexual Assault

→ [Rape, Abuse, and Incest National Network \(RAINN\) – National Sexual Assault Hotline](#)

Hotline: 1 (800) 656-4673

Available 24 hours a day, 7 days a week via phone and online chat.

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

→ [Department of Defense \(DOD\) Safe Helpline for Sexual Assault](#)

Hotline: 1 (877) 995 – 5247

Available 24 hours a day, 7 days a week via phone and online chat.

The DOD Safe Helpline is a crisis support service designed to provide sexual assault services for survivors, their loved ones, and other members of the DOD community.

Human Trafficking

→ [National Human Trafficking Hotline](#)

Hotline: 1-888-373-7888

Text: 233733

The National Human Trafficking Hotline is a national anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States. The toll-free hotline is available to answer calls from anywhere in the country, 24 hours a day, 7 days a week, every day of the year in more than 200 languages.

Children, Youth, and Teenagers

→ National Runaway Safeline

Hotline: 1 (800) 786 – 2929

Email: info@1800runaway.org

Available 24 hours a day, 7 days a week via phone, email, forum, and online chat.

The National Runaway Safeline provides crisis and support services for homeless and runaway youth in the United States.

→ National Center for Missing and Exploited Children (NCMEC)

Hotline: 1 (800) 843 – 5678

Cyber Tipline: <http://www.missingkids.com/gethelpnow/cybertipline>

NCMEC serves as a clearinghouse and comprehensive reporting center for all issues related to the prevention of and recovery from child victimization.

→ ChildHelp National Child Abuse Hotline

Hotline: 1 (800) 422 – 4453

Available 24 hours a day, 7 days a week via phone and text.

The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. Serving the U.S. and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All calls are confidential.

→ [Boystown USA – Your Life Your Voice Helpline](#)

Hotline: 1 (800) 448 – 3000

Text: Text VOICE to 20121 (hours vary)

Available 24 hours a day, 7 days a week via phone, email, text, and online chat.

Your Life Your Voice is a program of Boystown USA and is available to children, parents, and families who are struggling with self-harm, mental health disorders, and abuse.

Mental Health and Substance Abuse

→ [National Suicide Prevention Lifeline](#)

Hotline: 1-800-273-8255

Available 24 hours a day, 7 days a week via phone and online chat.

The National Suicide Prevention Lifeline provides free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

→ [National Alliance on Mental Illness \(NAMI\) Helpline](#)

Hotline: 1 (800) 950 – 6264

Email: info@nami.org

Available Monday through Friday, 10:00am to 6:00pm Eastern Standard Time.

The NAMI Helpline assists individuals and families who have questions about mental health disorders, treatment, and support services.

→ [Substance Abuse and Mental Health Services Administration \(SAMHSA\) Helpline](#)

Hotline: 1 (800) 662 – 4357

Available 24 hours a day, 7 days a week via phone in English and Spanish

SAMHSA's National Helpline provides free and confidential treatment referral and information service for individuals and families facing mental and/or substance abuse disorders.

Contact the VictimConnect Hotline by phone at 1-855-4-VICTIM or by chat for more information or assistance in locating services that can help you or a loved one.